

The First Step to a Smoother You

SPOTLIGHT ON: CHEMICAL PEELS

VIVITÉ® Exfoliating Facial Cleanser

VIVITÉ® is an advanced skin care product line recently marketed by Allergan®. We are very excited by the results that are being seen with the use of these products and look forward to incorporating them into your skin care routine.

VIVITÉ® Exfoliating Facial Cleanser is one of the building blocks of this line. It is designed to loosen the unproductive top layer of skin so you can scrub it away to reveal fresh new skin. This encourages the body to produce new skin cells at a faster rate. This cleanser contains 15% glycolic compound and is to be used 2 to 3 times per week.

VIVITÉ® skin care formulations are based on exclusive [GLX Technology™](#), a unique fusion of the clinically demonstrated benefits of glycolic compound and natural antioxidants. Of all the alpha-hydroxy acids, glycolic has the smallest molecules for greater skin penetration and the natural antioxidants protect epidermal cells from the harmful effects of environmental stressors.



Glycolic Peel

For hundreds, perhaps thousands of years, chemical peels have been used to improve the look and feel of skin for people around the world. Interestingly, things have not changed much since that time. Men and women still desire to have smoother, more beautiful skin.

Today there are a variety of peels on the market, each having different benefits, depending on the desired result. One type of “superficial” peel is the glycolic acid peel. It is classified as superficial because it affects a part of the epidermal or outer layer of the skin. Glycolic acid is regarded as the most beneficial of the Alpha Hydroxy Acids in skin care because of its great capability to penetrate the skin. The glycolic acid reacts with the epidermal cells, weakening the binding properties of the lipids that hold the dead skin cells together. This allows the damaged, dead cells to peel away revealing the new skin cells beneath. This gives the skin a more even and smooth appearance. Glycolic acid can stimulate cells to produce collagen and elastin fibers which will improve and strengthen the skin. Unlike more aggressive peels, there is very little, or no down time with this procedure and side effects are mild. These side effects can include redness, increased sensitivity to sunlight and some mild to moderate flaking or peeling.

A glycolic peel is ideal for the person who wishes to get rid of superficial wrinkles, mild acne or acne scarring, uneven skin tones, enlarged pores and overall dryness. We are adding this procedure to our list of available services at Smooth Reflections Laser Center. If you have any further questions please call our office and schedule your free consultation where we would be happy to further explain the procedure.

Talk to your nurse at Smooth Reflections about this product.

COLLAGEN AND THE AGING PROCESS

Collagen is a type of protein found in the human body. There are more than 25 different types of collagen that naturally occur in the body. As it is one of the most prevalent proteins, some say it is the glue that literally holds the body together. It is fibrous in nature and connects and supports other bodily tissues. Collagen functions in a manner that is much different from other proteins. The collagen fibers contribute to the external structure of the cells and are present in the inside of some cells as well. Collagen works hand in hand with elastin in supporting the body's tissues. It gives the body form and provides firmness and strength. Often, collagen is discussed specifically in its relationship to the skin. It works with keratin to provide the skin with strength, flexibility, and resilience.

As people age, however, collagen degradation occurs, leading to wrinkles. As such, it is an important substance for those looking for ways to fight the visible effects of aging on the skin. An important process in the anti aging fight is to stimulate an increase in the production of collagen. This can be done by a variety of procedures such as Microdermabrasion, Laser Genesis and our spotlighted procedure, Glycolic Peel. Products such as our spotlighted product, VIVITÉ® Exfoliating Facial Cleanser help support this rebuilding of collagen.

Come in today and see how you can rebel against the signs of aging, rebuild the depleted collagen in your skin and be reborn to a smoother you.

Did you know?

Glycolic acid is perhaps the best-known of a group of chemicals called fruit acids or alpha-hydroxy acids (AHA). It is derived from sugar cane, so it can be considered a natural product.

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